SEC For	rm 4																	
	FORM	UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549																
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).					pursua	nt to Sect	ion 16(a)	) of the S	ecuriti	NEFICIA ies Exchang mpany Act o		HIP OMB Num Estimated hours per			erage burde	3235-0287 n 0.5		
1. Name and Address of Reporting Person <sup>*</sup> Rothstein Adam					2. Issuer Name <b>and</b> Ticker or Trading Symbol <u>BuzzFeed, Inc.</u> [BZFD]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
(Last) (First) (Middle)					3. Date of Earliest Transaction (Month/Day/Year) 10/11/2023								Officer (give title Other (specify below) below)					
C/O BUZZFEED, INC. 229 W. 43RD STREET, 10TH FLOOR (Street)					4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
NEW YORK NY 10036 (City) (State) (Zip)					Rule 10b5-1(c) Transaction Indication            Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.													
		т	able I - Nor	ו-Deriva	tive S	Securiti	es Acc	quired,	Dis	posed of	, or Ber	eficially	Owned					
Date				2. Transa Date (Month/D		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4		d (A) or r. 3, 4 and 5)	or and 5) Beneficially Owned Follc Reported		Form	nership : Direct Indirect str. 4)	7. Nature of Indirect Beneficial Ownership	
							Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)				(Instr. 4)		
Class A Common Stock 10/1					/2023		М		27,780	<sup>1)</sup> A	\$ <mark>0</mark>	1,736,229			D			
			Table II -							osed of, onvertib			wned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Dat if any (Month/Day/Yo	Code	Transaction Code (Instr.		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		Exerc on Da Day/Y		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficia Ownershi (Instr. 4)	
				Code	v	(A) (D)		Date Exercisable		Expiration Date	Amour or Numbe Title of Shar			(Instr. 4)				

## Explanation of Responses:

(2)

(2)

1. These shares of Class A common stock reflect the settlement, on October 11, 2023, of restricted stock units ("RSUs") granted to the Reporting Person pursuant to the 2021 Equity Incentive Plan, each of which was converted into a share of the Issuer's Class A common stock on a 1-for-1 basis.

27,780

(3)

(3)

2. Each RSU represents a contingent right to receive one share of the Issuer's Class A common stock, subject to the Reporting Person's continued status as a service provider to the Issuer.

111,122

3. 1/4 of the award vested on the transaction date. The remaining 83,342 RSUs vests ratably as to 1/4 of the total award on the 1st of each December, March and June thereafter.

4. These RSUs do not expire; they either vest or are cancelled prior to the vesting date.

10/11/2023

10/11/2023

Remarks:

Restricted Stock Units

Restricted Stock Units

## /s/ Heather Flores-Ricks,

Class A Common Stock

Class A

Common Stock

(4)

(4)

Attorney-in-Fact for Adam 10/13/2023 **Rothstein** Date

111,122

27,780

\$<mark>0</mark>

\$<mark>0</mark>

111,122

83,342

D

D

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 $\ast$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.